

Margolis wheel

Objectives:

- To give the participants the opportunity to discuss challenges that face or may face in future.
- To emphasize equality in power and authority within the group
- To acknowledge that each individual has valuable experiences

Time: 45 minutes – 1 hour (time varies according to participants numbers)

Materials:

- Two sets of chairs to be arranged into two circles; inside and outside circle facing each other
- Timer or watch
- Object to make noise e.g. cup & spoon



Procedures:

- Ask all participants to select/identify a challenge they are experiencing for which they would like some ideas/suggestions for what to do.
 - Ask the participants to sit each on a seat; each participant in the inner circle should face another participants in the outer circle.
 - The participants who sit in the inner circle act as counselors (so they are asked to put their challenge away for this round), while those who sit in the outer circle act as clients; each with a challenge.
 - Each of the clients should tell the counselor a challenge they face then the counselor offer solution /suggestion.
 - The facilitator should alert the group each 3 minutes, then the clients should rotate and move clockwise.
 - Each client will face a new counselor and will have a chance to discuss the challenge and hear more solutions/suggestions.
 - When the outer circle has gone round once, they swap with those in the inner circle and become counselors. Those now in the inner circle become clients and take out their challenges and the process repeats.
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Comments: This exercise is best used to exchange experiences and problem solving.

Author: Margolis, Alan, 1993

Source: <http://www.democraticdialoguenetwork.org/app/documents/view/en/1050>